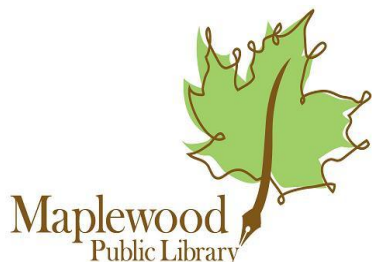


Published for April through June 2018



BOOKED UP

Quarterly Newsletter of the
Maplewood Public Library
APRIL 2018

NEWS AND NOTES

When you look outside now, you start to see the beginning of spring and new growth. Before you know it, summer will be here and all the fun that comes with that season. We will again be offering our summer reading programs and lots of events to help make the changing seasons fun and interesting.

---Thanks to all who participated in the Adult Winter Reading Program. We had 74 participants this year.

Great job and we hope you enjoyed the list of suggested book titles. We'd like to thank The Book House for their generous donation of coupons.

---We'd like to remind you of a great service that is offered through the library.



With Wowbrary, you now have the option of being alerted to all we have that is new to our library with free weekly emails of our latest books, movies, and music. If you haven't already signed up for this easy-to-use service, simply go to:

<http://wowbrary.org/signup.aspx?l=1843>

Some programs may need to be cancelled due to inclement weather or last-minute cancellations. If in doubt, just give us a call.

Check out our website www.maplewood.lib.mo.us, or "like" us on Facebook for updates.

The library will be closed:
May 28---Memorial Day Observance

MAPLEWOOD PUBLIC LIBRARY

7550 LOHMEYER
MAPLEWOOD, MO. 63143
314-781-2174
HOURS OF OPERATION:
Mon.-Thurs. 9:00 a.m.-9:00 p.m.
Friday 9:00 a.m.-7:00 p.m.
Saturday 9:00 a.m.-5:00 p.m.
www.maplewood.lib.mo.us



APRIL PROGRAMS

CELEBRATE LIBRARY WEEK

April 8-14, 2018

Join us as we celebrate all the ways libraries help the community.

Drop by and pick up a free gift during this week as our way of saying thank you for using the Maplewood Public Library.

Not only can you find books, but we offer the following:

- programs
- ebooks
- movies and music
- magazines
- computer access
- fax and scanning
- Mobile print services
- on-line resources such as Learning Express, Zinio, Tumble Books, Heritage Quest, and OneClickDigital
- Book club Kits
- Self-e(self publishing)
- Telescope rental
- Mobile app for your iPhone or Android
- Hoopla
- Library Elf

RELAXATION FOR A HEALTHY MIND & A HEALTHY BODY

Wednesday, April 4 6:00-7:00 p.m.

This class is a quarterly presentation by Kelly.

Join Kelly Hogan for an evening of softening into the calming practice of yoga. Put your comfy clothes on and enjoy an hour of learning how to calm your mind through gentle movements and simple breathing



exercises. Yoga has been proven time and again to help with complete bodily health as well as mental

(continued on page 2)

health and concentration. Discover a refreshing sense of ease as we move and breathe together. With her background in Nursing and degree in Exercise and Sports Science, Kelly brings compassion and experience to each of her students.

Kelly continually deepens her study of yoga with gurus around the world. Kelly is a student of KPJAYI in Mysore, India. You can access more information regarding Kelly at YogaByKelly.com.

SPACE SPIN-OFFS:

There's More Space in Your Life Than You Realize Thursday, April 5---6:30-7:30 p.m.

Yuri Gagarin became the first human in Space in 1961. Since then, more than 500 people have traveled to Space. Humans have lived continuously in the International Space Station (ISS) since November 2000. The Space Program has delivered gorgeous photos and many "Space Spinoff," products that were developed with the help of NASA. Come and celebrate human adventures in Space with our special Yuri's Night event which includes space-y snacks and a talk about Space Spinoffs. There's more Space in your life than you realize!



Our presenter, Christine Nobbe, is a Maplewood resident, educator, and Space geek. In the past year, Christine spoke to 1,775 students about the wonders of the Universe and conducted public outreach at the St. Louis Science Center and St. Louis County Libraries. Her passion in the area of Space Exploration has earned Christine the nickname "Space Girl" in St. Louis. This event is being co-hosted by St. Louis Space Frontier, a chapter of National Space Society.

COLORING----NOT JUST FOR KIDS ANYMORE Monthly Coloring---2nd Wednesday of each month April 11----6:30-8:00 p.m.

WHOLE HEALTH:

Moving Toward a Plant-centric Diet Tuesday, April 17---6:30-7:30 p.m.

This is part of a quarterly class on topics related to health and wellness.



Learn how to move to a healthier, plant-centric diet and take control of your health for life. More people are adopting plant-focused diets as current research tells us that red meat

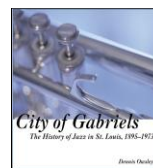
increases the risk of death from eight major diseases. Whether you want to make changes for your own health, the health of our planet, or the well-being of animals, you'll be inspired and informed about how to more easily migrate to a plant-focused way of eating. Lead by Gayle Rose, Chief Change Officer of *WhyPowered* Whole Health Coaching. Gayle is a Certified Whole Health Coach, Weight Management Specialist, and Personal Fitness Trainer with more than two decades of experience enjoying a plant-centered diet.

CITY OF GABRIELS:

The History of Jazz in St. Louis, 1895-1973 Thursday, April 19---6:30-7:30 p.m.

"City of Gabriels-The Jazz

History of St. Louis 1895-1973" is the first and only book on the history of jazz in St. Louis. It covers ragtime and pre-jazz eras. The book also discusses the development of jazz in St. Louis during the riverboat days, the Great Depression, World War II, the 1950's, Gaslight Square, and the Black Artists'



Group of the late 1960's and early 1970's. It is a narrative-based history and includes many historical photographs. Dennis Owsley has been collecting and studying jazz music since 1958. Trained as a scientist, he began his broadcast career at St. Louis Public Radio, 90.7 KWMU in 1983 and is now in his 35th year bringing jazz to St. Louis. His current show, "Jazz Unlimited," covers all styles and eras of jazz from Louis Armstrong to the latest recordings.

RAIN GARDENING

Thursday, April 26---6:30-7:30 p.m.

What's all the talk about "rain gardens"? Can I actually do this in my own garden? What are the benefits? Capturing rain water runoff from impervious surfaces is a means of stabilizing ground and surface water resources. It also provides an aesthetically pleasing garden space and wildlife habitat. This timely presentation will help you learn the ins and outs of both the theory and



the creation of your own rain garden. Ned Siegel retired from a career as a research scientist in 2006 and became a St. Louis Master Gardener the following year. He currently serves on the organization's Speakers Bureau and is chairing its

Advisory

(continued on page 3)

Committee. Ned also volunteers in the gardens at Bellefontaine Cemetery. In addition, due to an interest in native plant ecosystems, he also became a certified Illinois Master Naturalist in 2009.

MAY PROGRAMS

FOOTLOOSE IN ENGLAND

Thursday, May 3---6:30-7:30 p.m.

One Man, Two Feet, Nearly 700 miles of England

Come hear about the trip that wound through the storied English countryside — its scenery, history, charms, and traditions — as experienced during a nearly 700-mile walk from Land’s End in Cornwall to the Scottish border. This was the first leg of a



nearly 1200-mile walking odyssey of the length of Great Britain from Land’s End to John O’Groats.

John Lynn of Peoria has plodded, pedaled, and paddled enough scenic and historic trails, roads, and rivers to circle the globe; is the only person to have visited and photographed all 2,400 towns in the state of Illinois; and has shared his experiences through over 4,000 slide presentations in three countries, with more to come.

COLORING----NOT JUST FOR KIDS ANYMORE

Monthly Coloring---2nd Wednesday of each month

May 9----6:30-8:00 p.m.

DESIGNING A PERENNIAL GARDEN

Thursday, May 24---6:30-7:30 p.m.

Alice Mitchell takes you through a fun- filled exercise on how to design a perennial garden, and pitfalls to avoid. She will simplify plant selection and landscape design to a practical and



attainable level. She gives a presentation that is interesting and filled with humorous anecdotes that make gardening nothing but fun!

Alice gives a humorous look at designing her own perennial garden, including the struggles encountered when putting in that new garden. Ms. Mitchell is a Master Gardener with the St. Louis Master Gardeners Program through the Missouri Botanical Garden.

GATHERING YOUR FAMILY MEDICAL TREE

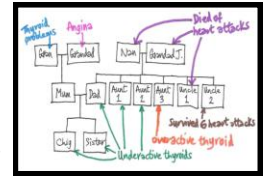
Thursday, May 31, 2018---6:30-7:30 p.m.

When compiling your family history, are you gathering the family’s health information?

Learn some avenues to researching and sharing the medical tree of your ancestors.

Join LaDonna Garner, M.A., of

Leafseeker Consulting, as she helps you discover these useful records. Questions are welcomed and encouraged.



JUNE PROGRAMS

MUSICAL MONDAYS

Every Monday in June and July---6:30-7:30 P.M.

Music can soothe, excite, bring back memories, or make you want to dance. With that in mind, during June and July, we invite you to come and participate by learning to dance, listening to various forms of music, or enjoying the customs of other countries.

Take some time this summer to enjoy the music!

June’s events are as follows:

June 4---Learn How to English Country Dance

June 11---Mound City Review—Banjo Trio

June 18---Capering Roisters: Morris Dancers

June 25---Learn How to Swing Dance

MUSIC COMES TO THE MOVIES

Every Tuesday June 5, 12, 19, and 26th

Tuesdays in July 3, 17, 24, 31

Tuesdays in August 7, 14, 21, and 28

6:00-8:30 p.m.

Music and movies go hand-in-hand, whether it’s an old-time classic musical, a biopic about a famous musician, or a film depicting the daily struggles and desire to make it in the music business.



In keeping with our summer reading program theme, join us every Tuesday evening from 6:00-8:30 p.m. to reminisce, learn something new, or just be entertained. Light refreshments will be provided. Complete list of movies and dates shown can be found on a flyer or on our website.

KEEPING THE MUSIC ALIVE:

Upcycling Those Old Music Media

Thursday, June 7---6:30-7:30 p.m.

You still love that great music. You probably have a lot of the

(continued on page 4)



old music around your house. Transform old music media into new creations! Learn how to turn old record cases, CD cases, and cassettes into functional items for your home. You can still keep that music alive! Perennial staff will present different ways to reuse outdated or unwanted items, followed by hands-on projects for you to leave with.

COLORING TO THE MUSIC

**Monthly Coloring---2nd Wednesday of each month
June 13---6:30-8:00 p.m.**

Over the summer, we are putting a little twist to our monthly coloring club.

Each Wednesday that we meet, we will be listening to various genres of music. See what happens to your creativity as you let your mind relax and be inspired by various musical artists. It's a great time to bring friends and family. We provide the coloring sheets, markers, and colored pencils and you provide the artistry.

MUSIC THERAPY: Using Music for Your Health and Wellness

Thursday, June 21---6:30-7:30 p.m.

Music is all around us. It has the power to soothe, to encourage, to stimulate, and to invoke memories. We often take music for granted, but it can be used to enhance, change, and encourage those around us. Music has the ability to heal, to reduce stress, and to aide with daily living.



Ms. Maria Carron, founder of Midwest Music Therapy Services, will be sharing information about how music therapy is utilized with the agencies and individuals they work with, as well as how you can use music for health and wellness at all stages of life. Along with a team of 18 music therapists, Ms. Carron provides music therapy services to eldercare, palliative and hospice clients, various school districts, the state of Missouri's Department of Mental Health, and families throughout the St. Louis area.

TEN WAYS TO ADD BIODIVERSITY TO YOUR GARDEN

Thursday, June 28---6:30-7:30 p.m.

When most gardeners think of a biodiverse garden, their thoughts tend toward a garden teeming with

birds, butterflies, beneficial insects, and other wildlife. This talk discusses several ways you can increase wildlife in your garden and thereby increase its biodiversity. There are ideas included on how to add to the genetic diversity of the plants in your garden. By creating a biodiverse garden, you are adding to its beauty as well as helping to heal the planet and to preserve it for



future generations. Presented by Carol Gravens, a St. Louis Advanced Level Master Gardener. Carol gives talks and classes on orchids to various groups in the community and at Missouri Botanical Garden as part of the Master Gardener Speakers' Bureau, as well as other classes on a variety of topics related to plants.

SUMMER READING PROGRAMS

ADULT SUMMER READING PROGRAM

May 29th through August 25th, 2018.

"LIBRARIES ROCK" is the theme for this year's Adult Summer Reading Program. We will discover ways that music makes our lives better and can bring us all together.



Come learn to dance, listen to various musical genres, hear about the history of artists and their music, and see how music impacts our everyday life.

Sign-up begins Tuesday, May 29th and final date for check-in will be Saturday, September 1st. Come in, sign-up, and get your reading log, puzzle sheets, initial prize, and instructions. When you sign up, we will ask you to sign a registration sheet so that we may send you notifications of upcoming prize drawings and events. The drawings will be held the end of each month. In addition, we will be having a final check-in and drawings for prizes.

To be eligible for those prizes you MUST bring in your log book for staff to see and fill out a slip with your name and phone number. Final check-in will be August 27th through September 1st.

It does not matter how many books you have read, just that you signed up and have made an attempt. Some of the prizes that you can earn through monthly drawings and at the conclusion of the Summer Reading Program will be on display. **There will also be several programs that tie in with the theme, and you can earn more chances to win prizes by attending our programs. After attending the program, fill out a slip at the front desk and it will be entered for you for the monthly drawing.**

Slip MUST be filled in immediately after attending program.

KIDS' CORNER

KIDS' SUMMER READING PROGRAMS

The Library will once again have lots of fun happenings for kids and teens this summer.

"Libraries Rock!" is the theme of the Summer Reading Clubs for 2018.

Program runs May 29th through July 27th.

We will again offer an online, mobile-friendly registration and reading tracking process for the kids' and teens' K-12 summer reading programs. Families with internet access on home computers or from mobile devices will find a game-like summer reading experience that will keep the kids engaged all summer with a variety of exciting challenges and customizable characters, as well as the usual personal attention and incentive prizes that we have offered in the past.

Summer Library Program for Babies, Toddlers and Pre-Schoolers

For the babies, toddlers, and preschoolers we will offer a "parent-friendly" streamlined, computer-less reading club with stickers to track library visits and time spent reading. Even young children who are not yet independent readers can participate if a parent or other adult reads with them. A board book or paperback picture book will be awarded when kids reach their reading challenge.

Online registration starts on Tuesday, May 29th and continues through our traditional family evening swim party at the Maplewood Family Aquatic Center on Friday, July 27th. Come to our Kick-Off Party at the Heights Community Center at **2:00pm on Sat. June 2nd**, featuring a performance of Irish Dance, starring kids from St. Louis Irish Arts. We will be hosting a variety of special programs for kids and teens, such as crafts, music programs, and a performance by magician Mario Manzini. Watch for flyers in the Library and on our website for more details.

NEW! READING COMES ALIVE WITH YOGA for ages 2-6 yrs. (older & younger siblings welcome)

Join Micaela Turner, retired elementary educator and Joga Yoga instructor, for a delightful and fast-paced toddler yoga class. Little ones will pose to favorite family classic songs & stories like "I'm a Little Teapot", "It's Raining and Pouring", "Old MacDonald", and more. After the warm-up, we will read a book and the children will pose the actions on each page. Their movement helps to exercise the pre-reading skills of tracking left to right,

comprehension, sequencing, and memory. The session ends with relaxation to "Twinkle Little Star".

Parents remain in the room (participating or witnessing). It's fun for all when Reading Comes Alive with Yoga!

This program runs seven weeks on Tuesday mornings at 10:00 a.m. starting June 12, 2018.

Registration is limited, so pre-registration is required. Call 781-2174 and ask for Barb.

Wanted: Donations of Used Legos



Has someone at your house outgrown their plastic Lego blocks? If so, please consider donating your used Legos to the Maplewood Public Library. We'll put them to good use!

ON-GOING PROGRAMS

TACK QUILTING CLASSES



Monday Evenings 6:30-8:30 p.m. Classes continue through May 21st, 2018

What a wonderful craft to learn and to share. Learn to make quilts in this time-honored way. Learn how to make them for those in need or for yourself. Learn simple techniques of quilt-making.

PRE-REGISTRATION IS REQUIRED.

If class is full, you may be added to a waiting list. Watch for details regarding new class forming in the fall.

MAPLEWOOD LIBRARY BOOK CLUB

Meets 2nd Thursday of each month at 7:00 p.m.



Book titles will be announced. Join us for a lively discussion of new and classic titles.

For dates & upcoming titles, just sign-up and we will add your name to our email list for future notification.

MAPLEWOOD KNITTERS, CROCHETERS, and NEEDLE WORKERS CLUB

DAYTIME: Fridays, 9:30 a.m.

The weekly knitting classes have changed somewhat to cover all needlework arts. If you are interested in crochet, knitting, or needlework of any kind, then come and join other like-minded individuals and enjoy the morning stitching! This is no longer instructional but you may be able to help each other over rough crafting times. Class meets Friday mornings from 9:30-11:00 a.m.

(continued on page 6)

Maplewood Library Writer's Group----"Write-In"

Meetings will be held the **third Thursday of each month from 7:00-9:00 p.m.** This is a casual, loosely structured event. You can come for as long or as short a time as you wish. This is not a class, and there's no formal program. Just bring your laptop or pencil and paper. We will gather in the Reading Room (fireplace room) around 7:00 for introductions and a brief chat, followed by writing time and/or continued conversation. Enjoy the company of other writers while you work on your breakout novel or romance or short story or memoir or picture book or mystery or...



JUST A REMINDER

The Library offers the following services:

- Hoopla
- Library Elf
- Overdrive
- Self-e
- Telescope rental
- Wowbrary
- Document scanning/fax station
- Novelist
- Book Club Kits
- OneClickDigital
- Learning Express
- Mobile app for your iPhone or Android
- Tumble Book Library
- Mobile Print service
- Zinio
- Heritage Quest

UPCOMING EVENTS

Here are a few of the programs we have scheduled already. Always check for more to be announced.

- Musical Mondays in July
(see flyer for weekly performances)
- Music goes to the Movies: weekly Tuesday movies
(see flyer for details)
- an evening of magic & escape
- quarterly wellness talk on metabolism and protein
- From Bach to the Beatles: an Evening with the St. Louis Classical guitar Society Quartet
- Beyond the Sting: Unpacking Joplin and the Man Behind the Music



---Quarterly Yoga class

---Volunteer Fair

---What's in the Summer Night sky and telescope viewing

---An evening of relaxation & meditation with Himalayan Singing bowls and Native American flute

---Mayhem in the Rockies

---quarterly genealogy

COMMUNITY ART DISPLAYS

We have been pleased to host the art work of talented local artists. There is space available for local artists who would like to display their work. Displays would be exhibited on a monthly basis. To make arrangements or to look at potential display areas, contact the library at 314-781-2174.



JUST A NOTE: We welcome any ideas or suggestions you have for future programs. Just let us know and we'll take them into consideration.

DISPLAY CASES

Don't forget: If you have a collection you would like to share, just let us know. We'll see what we can arrange.

Be watching for upcoming displays and also for book displays. You never know what you might find!

Thanks to everyone who participated in the Raising Cane's Fundraiser.

We appreciate those who came out in support of the Library. Thanks also to Raising Cane's for providing us the opportunity.

